

### **Wingwave coaching to overcome study blocks**

Twelve year-old Marcel introduces himself to Christa-Maria Rebien, educational therapist, in her office with the following words: "I have a book phobia." Marcel doesn't like to take a book into his hands and just barely manages to get by with what he learns during class. This is a cause for concern since he might not be admitted to the next class.

Fortunately, he grasps information easily, is a fast learner, and has a very good memory. Marcel is an enthusiastic aquarium owner and knows the Latin names of all kinds of fish. His mother states that he was an avid reader at the age of five and was able to read before elementary school. But by age eight, this enthusiasm for reading stopped for no apparent reason.

The educational therapist has Marcel bring his school books to the appointment. With the O-Ring test (a muscle reaction test) she tests the reactions he shows when looking at books and when holding and reading them. All of Marcel's muscle reaction tests are weak. After the application of just a few sets of an "awake" REM phase" intervention, the weak reaction changes and Marcel's tests dealing with school books now test strong.

At this point the educational therapist uses the muscle reaction test to find out about the reasons for Marcel's book phobia. After a very short time she reveals an explanation for his phobia. Marcel liked his elementary school teacher a lot and always wanted to please her. Because of his advanced reading skills, he always had his hand up in class.

The teacher's frequent reaction was, "Not now, Marcel, you already know everything. Now it's someone else's turn." So Marcel developed the emotional association between his reading abilities and rejection, and decided to hold himself back. This holding back resulted in a reading and writing shortfall.

After this unfortunate past experience was treated with "waving," Marcel was able to work with his school books again. One year after this Wingwave coaching session, his performance in school was so good that he had no problem switching to Gymnasium (academic high school in Germany for kids who perform very well at school.)